It doesn't happen overnight

The 3/3/3 rule is a general guideline for the adjustment period of a dog after adoption. Every dog is unique & will adjust differently.

3 Days to Decompress



- Feeling overwhelmed
- May feel scared/unsure of what's going on
- Not comfortable enough to be themself
- May not want to eat or drink
- Shuts down and/or hides under furnitures
- Tests the boundaries

3 Weeks to Learn Your Routine

- Starts settling in
- Feels more comfortable
- Figures out their environment
- Gets into a routine
- Lets guard down. May begin to show true personality
- Behavior issues may start appearing



3 Months to Start to Feel at Home



- Finally feels completely in their home
- Begins to build trust and a true bond
- Gains a complete sense of security with their new family
- Sets into a routine

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